

# FIONA HIGGINS

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BEAUTY & TRAINING ACADEMY

# LASER HAIR REMOVAL

## FACE - THE LADIES

Upper lip	30
Chin or sides of face	35
Lip & chin/ jawline	65
Centre brow or earlobes	20
Full face	95
Full face & front neck	140

## BODY- THE LADIES

Underarm	40
Bikini (standard tidy up)	55
Bikini (Brazilian)	95
Bikini (full)	115
Lower leg or upper leg	135
Upper leg (incl standard bikini)	180
Full leg	180
Full leg (incl standard bikini)	230
Hands or feet	35

## PACKAGES

Underarm & bikini (standard)	85
Underarm & bikini (Brazilian)	115
Underarm & bikini (full)	150
Lower leg & bikini (standard)	180
Lower leg & underarm	160
Laser patch test & consultation	15

Our Laser Hair Removal system is used by Dermatologists and doctors in the NHS because of the amazing clinical results they can achieve safely and effectively.

### **FACE - FOR THE MEN**

Upper cheeks	30
Centre brow or earlobes	20
Front or back neck	65
Front & back neck	95
Beard	95
Beard & front neck	135

### **BODY - FOR THE MEN**

Underarm	45
Hands or feet & toes	35
Chest or lower arm or stomach	85
Full back or whole arm	160
Chest & stomach or lower leg	160
Full legs	230

Laser hair removal comes as individual prices & packages.  
A course of 6 sessions = the price of 5 sessions.

### **BUY 5 GET ONE FREE**

Facial veins and acne come in a 3 course package as well as individual.

**Receive 20% off when you buy 3 course package.**

# LASER SKIN REJUVENATION

## LASER SKIN COLLAGEN REJUVENATION FACIAL

Half face	<b>55</b>	Full face	<b>80</b>
Full face & neck			<b>115</b>
Full face, neck & chest			<b>145</b>
Neck only			<b>40</b>
Chest only			<b>55</b>
Hands			<b>40</b>

## IPL FACIAL VEINS OR PIGMENT REMOVAL

Single lesion			<b>45</b>
Cheeks			<b>55</b>
Cheeks & nose			<b>70</b>
Half face			<b>90</b>
Full face			<b>135</b>
Full face & neck			<b>165</b>
Full face, neck & chest			<b>185</b>
Chest - only			<b>90</b>
Hands			<b>45</b>

## PROBLEMATIC SKIN TREATMENT

Half face	<b>55</b>	Full face	<b>80</b>
Shoulders			<b>70</b>
Chest			<b>70</b>
Full back			<b>115</b>

Skin Rejuvenation uses IPL (intense pulsed light) This light therapy is used to treat hair removal aswell as wrinkles, spots and skin conditions like; age spots, sun damage, freckles, birthmarks, varicose veins, broken blood vessels on the face, rosacea.

# FACIAL SKINCARE

## **Skinician Boutique Express Facial** 32

Personalised to meet your individual needs, this express facial is the perfect introduction to skinician professional range and perfect for skin perfection on the go.

## **Skinician Spa Hydrating Facial** 46

Gentle and nourishing to dry skin this anti-ageing facial replenishes lost moisture to improve tone and enhance the complexion.

## **Skinician Spa Purifying Facial** 46

Treatment begins with an exfoliation to remove dead skin cells, followed by therapeutic facial massage and purifying repair facial mask. Suitable for oily skin types.

## **Skinician Ultimate De-stress Steam Facial with Indian Head Massage** 46

A deep cleansing treatment recommended for tired, dull skin. Suitable for all skin types.

## **Skincare Consultation** 15

Consult with one of our skincare experts about customising your very own skincare routine, gaining advice on products to suit your skin type along with professional advice with treatment guidance.

# ENVIRON FACIAL TREATMENTS

## Essential Youth Reset

Reveals firmer, younger & vibrant looking skin

## Essential Moisture Boost

Reveals hydrated, plumper & smoother looking skin

## Essential Comfort De-stress Calm

Reveals soothed, healthy & comfortable looking skin

### Cost

60mins 58

90mins 72

# HAND & FOOT CARE

Bio Sculpture Hard Gel polish hands 32

Bio Sculpture Hard Gel polish toes 27

Bio Sculpture Hard Gel infills (3-4 week maintenance) 32

Gel soak off 15

Gel extensions (added tips for length) 42

Gel polish hands & toes 50

Acrylic extensions 42

Acrylic infills or overlay (includes gel polish) 36

Acrylic soak off 17

## AQUA PEDICURE EXPERIENCE

(Bringing flip flops highly recommended)

Juicy pedicure - soak off, express tidy up, file & paint	24
Full deluxe relaxing pedicure (includes cooling mineral foot exfoliation & hot stone leg massage)	38
New Elim Pedicure (Elim is a medical grade pedicure treatment which uses state-of-the-art ingredients to remove hard skin from feet)	40
Upgrade to gel toes to any pedicure	15

## MANICURE

Juicy manicure	24
File & polish	20
Full deluxe relaxing manicure (includes hot stone arm massage)	35
Kids polish - under 13	15
Kids polish pamper parties available	

### ADD ON TREATS TO ANY TREATMENTS

Hand massage	10
Taster reflexology	15
Head massage	15
Nail art	5

## SPRAY TANNING

Full body spray tan	22
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## EYE TREATMENTS

FH lash lift (lasts 6-8 weeks)	44
FH lash lift & HD brows	56
Lash extensions	45
Brow lamination (patch test required)	30
HD brows (patch test required)	28
Hybrid brows	30
Eye package	25
Eyebrow wax, eyebrow tint & eyelash tint Patch test required 24 hours prior to tinting	
Eyelash tint	14
Eyebrow tint	8
Eyebrow wax	9

## BODY WAXING

Eyebrow wax	9
Chin	8
Lip	7
1/2 leg	23
3/4 leg	25
Full leg	29
Bikini tidy up	17
Full leg & bikini	40
Sides of face	9
Underarm	12
Back wax or chest wax	29



## SUGARING HAIR REMOVAL

Eyebrow	8
Chin	8
Lip	8
Lip & chin	12
Face	15
Underarm	14
Forearm	14
1/2 leg	25
3/4 leg	32
1/2 leg & underarm	33
Full leg	40
Bikini tidy up	22
Extended bikini tidy up	20
LA signature bikini	32
Removal of all hair, includes luxurious mud mask	
Back / chest	30
LA signature bikini & underarm	40

## MAKEUP BAR

Full makeup application for an event	35
Full bridal makeup application with lashes or trial	40
Your own makeup lesson	40
Enjoy a one to one lesson with one of our makeup artists learning skills to help you apply your own makeup	

# DERMAPLANING

A safe & effective exfoliation treatment. Using a sterile blade to remove vellus hairs & dead skin on the face. Makes skin look & appear smoother as well as promoting deeper product penetration for skincare. Perfect for dry skin, acne scars, overgrown fluffy hair.

**Contraindications:** Current acne breakout, accutane, blood thinners, strong hormonal medication.

Cost 34

# MASSAGE TREATMENTS

Full body	50
Back, neck & shoulder	30
Hot stone back, neck & shoulder	34
Hot stone full body	54
Pregnancy package	54
(Back, neck, arms, feet & boutique facial relaxing)	
Back massage & boutique express facial	54
Indian head massage	28
Foot & leg massage	26

# REFLEXOLOGY

Reflexology is a complimentary therapy in which pressure is applied to specific points (reflexes) on the feet which relate to particular parts of the body. Working on these reflexes relaxes tension. Reflexology is generally relaxing and may help alleviate stress. The theory behind reflexology is that areas of the foot correspond to organs and systems of the body.

Foot reflexology	35
Buy a course of 5 & get 1 free	175
Reflexology & leg massage	45
Boutique facial & taster reflexology treatment	45

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Visit our website for details on training courses, our online shop, gift vouchers & retail products

[fionahigginsbeauty.co.uk](http://fionahigginsbeauty.co.uk)



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Book via **028 9334 9296**,  
our **Fionahigginsbeauty** app,  
or email: **info@fionahigginsbeauty.co.uk**

**Opening Hours:**

**Mon-Fri:** 9am-8pm | **Sat:** 9am-4pm

Exclusive salon hours available for Bridal Packages.  
Travel out services available for minimum of 2 people.

**fionahigginsbeauty.co.uk**

